



The Asian Classics Institute



Diamond Mountain University

Name:
Date:
Location:
Track:
Grade:

IN-DEPTH COURSE II

Master Shantideva's Guide to the Bodhisattva's Way of Life

The Chapter on Killing Anger

Quiz, Class Seven

1) After discussing antidotes to the anger we feel when others hurt us or those close to us, Master Shantideva continues on to discuss the anger we feel when others help or praise people that we don't like. In essence then he is equating two of our most popular mental afflictions. Name them.

2) Describe the quite painless method that Master Shantideva gives, at the very beginning of this class reading, for dealing with the anger we feel when someone praises a person that we don't like. For good measure, also mention the very specific positive result that coping with anger this way can have.

3) Sometimes we tend to rejoice in the good things that happen to others only if somehow we can ourselves control or take credit for the process. Relate the metaphor that Master Shantideva uses to describe why we should be happy when another person can find something good all on their own.

4) What is perhaps the most serious negative result of wishing against the happiness of other people? In your answer, include the two lines from the reading which are most *relevant*. (Sanskrit and Tibetan tracks answer in these languages.)