



The Asian Classics Institute



Diamond Mountain University

Name:
Date:
Location:
Track:
Grade:

## IN-DEPTH COURSE II

### Master Shantideva's Guide to the Bodhisattva's Way of Life

#### The Chapter on Killing Anger

##### *Homework, Class Four*

1) With class four, we begin our study of the third of the three types of patience. Name it, and state how it's described in Geshe Drolungpa's famous work, *The Great Book on the Steps of the Teaching (Tenrim Chenmo)*. (Tibetan track name in Tibetan.)

2) Describe the thought process used in the "method of compassion" for dealing with our own anger. Finish up your description with the two exquisite lines by Master Shantideva on this particular method. (For the two lines, Sanskrit and Tibetan tracks add these languages.)

3) Describe the argument against anger that hinges upon the question of whether our basic human nature is to be harmful or not.

4) Give the wonderful verse where Master Shantideva advises us to get angry at the force that actually lies behind it when another person hurts us.

5) Why does getting angry upset, in a sense, the very order of the universe?

6) In a way, a confrontation with another person is a collaboration of efforts; explain how, and again discuss how this reflects the ultimate worldview of Lord Buddha.

7) Quote the two famous lines from Master Shantideva about how we tend to want to avoid the principles of cause and effect. (Sanskrit and Tibetan tracks in these languages.)

8) The lack of a construction company impacts the question of blame. Explain.

9) After establishing that the blame for people who hurt us lies with ourselves, Master Shantideva paints an infinitely greater picture of blame. Describe it.

10) In a way then, when people hurt us in ways that might make us angry, they are actually helping us, even as we are hurting *them*. Reiterate the process on both sides.

*Meditation assignment:* Each day, focus on a person who is annoying or hurting you in some way. Try to establish, logically, what you must have done in the past to cause them to act this way. Then make a resolution to avoid even the smallest form of this kind of behavior in the next 24 hours.