



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Grade: \_\_\_\_\_

## THE YOGA OF ACTION

### QUIZ FOR CLASS SIX

1. What is meant by the phrase “karmic suicide” or “pushing one’s karmic envelop” and how does these phrases relate to the concept of sacrificial action?
2. Where is karma stored? How can understanding the process of how karma is perpetuated help us explain how it might be possible to escape from (or as the text says, “completely dissolve”) our karma?
3. Describe the relationship between karma and ultimate reality.
4. List several ways we could be engaged in sacrificial action all day long.