



Name: _____

Date: _____

Grade: _____

THE YOGA OF ACTION

HOMEWORK FOR CLASS SIX

1. Lord Krishna says that “Everyone in this world is bound by actions unless they are done as sacrifices.” Cite the relevant verse from the Tibetan Buddhist text entitled “Eight Verses for Developing the Good Heart” by the Diamond Lion, Dorje Senge, that reiterates this concept of sacrificial action.
2. What is meant by the phrase “karmic suicide” or “pushing one’s karmic envelop” and how does these phrases relate to the concept of sacrificial action?
3. Where is karma stored? How can understanding the process of how karma is perpetuated help us explain how it might be possible to escape from (or as the text says, “completely dissolve”) our karma?
4. What is one way of understanding what is meant by the “sacrifice of ultimate reality”?

