



Name: _____

Date: _____

Grade: _____

CULTIVATING JOYFUL EFFORT

QUIZ FOR CLASS FIVE

1. What is root of all goodness according to the Buddha? And what, in turn, is the root of the root of all goodness?
2. What are the four “laws” of karma?
3. What should we do before we start any virtuous project or undertaking? And what should we do once we have started?
4. What is the “self-confidence of accomplishment”?