



Name: _____

Date: _____

Grade: _____

CULTIVATING JOYFUL EFFORT

HOMEWORK FOR CLASS THREE

1. What are the three kinds of laziness that act as obstacles to our joyful effort, and what is the antidote to each?
2. What is the “boat” which is “so hard to find again” that one should use “to cross over the great river of suffering”?
3. Give the Sanskrit terms usually translated as “leisure” and “fortune” and briefly describe what they mean.
4. What are the three main parts of a “leisure and fortune” contemplation?

