



Name: _____

Date: _____

Grade: _____

THE YOGA OF WISDOM

QUIZ FOR CLASS ONE

1. What are the four laws of karma?
2. The Gita tells us that we should “follow our own nature” and “do our own duty” (and not try to be someone we’re not). This cannot mean that we need not cultivate ourselves and that we should just do whatever we feel like doing. So explain what “following our own nature” and “doing our own duty” really means.
3. What might Lord Krishna mean when he tells Arjuna, “Your prerogative is over your actions, not over any of the results”?
4. The Gita says that a person “whose sense of self is identified with all beings acts without being stained by action.” Explain, and give the traditional Buddhist method for expanding one’s sense of self and identifying with other beings.