



Name: _____

Date: _____

Grade: _____

THE YOGA OF WISDOM

HOMEWORK FOR CLASS SIX

1. Give the usual Sanskrit term for the “withdrawal of the senses” and its meaning, and then also discuss the related English words. What is the highest form of withdrawing the senses?
2. Name and describe the first of the five “paths” of a spiritual life. What are the two components of that path according to the *Yoga Sutra*?
3. Is it wrong to desire or to be attached to nice things?
4. What are some kinds of attachment that we might want to give up?

