DIAMOND MOUNTAIN UNIVERSITY

Name: _____
Date: _____
Grade: _____

THE YOGA OF WISDOM

HOMEWORK FOR CLASS TWO

1. Lord Krishna tells Arjuna that "Whatever an exceptional person does, other folks do too." Relate this to the practice of guru yoga.

2. One way in which the Gita advises us to practice "karma yoga" is to imitate the actions of Lord Krishna, and enlightened being. How does Lord Krishna say He acts? What are the implications for understanding the actions of enlightened beings or Buddhas?

3. Lord Krishna says that if He were not to act He would destroy living beings. Are other living beings necessary for our spiritual progress? How do the Buddhist texts say we should regard other living beings?

4. Lord Krishna describes himself as both a "doer" and "an unchanging non-doer." Explain.

5. What does it mean to say that there is "inaction in action and action in inaction"?

6. What kind of actor "does nothing at all even when he is engaged in action, acts without incurring any bad karma, and is not "bound by action"?

7. Describe the ideal actor according to the Bhagavad Gita, 12.13-19.

8. Summarize how, according to Bhagavad Gita 14.22-25, one can "go beyond the three constituents."

Meditation assignment: 15 minutes a day on how one could employ the concept of "sacrificial action" and/or "karmic suicide" in one's own life.

Meditation dates and times: