



5. Describe why it is impossible to escape karma by just not doing anything.

6. The Gita tells us that we should “follow our own nature” and “do our own duty” (and not try to be someone we’re not). This cannot mean that we need not cultivate ourselves and that we should just do whatever we feel like doing. So explain what “following our own nature” and “doing our own duty” really means.

7. What might Lord Krishna mean when he tells Arjuna, “Your prerogative is over your actions, not over any of the results”?

8. Lord Krishna also says we should “not be attached to inaction either.” Discuss two ways one might get attached to inaction.

9. Does equanimity mean just not caring about anything? If not, what does it mean? And what does it mean “to be the same whether you are successful or unsuccessful” in one’s actions?



10. The Gita says that a person “whose sense of self is identified with all beings acts without being stained by action.” Explain, and give the traditional Buddhist method for expanding one’s sense of self and identifying with other beings.

11. What is meant by the phrase “karmic suicide” or “pushing one’s karmic envelop” and how do these phrases relate to the concept of sacrificial action?

12. List several ways we could be engaged in sacrificial action all day long.