

*The following translation is an excerpt from The Cloud of Offerings which Pleases the Wise, and Illuminates the True Thought, a word-by-word commentary and a dialectical analysis of the Ornament of Realizations written by Chone Drakpa Shedrup (1675-1748). The Tibetan text can be found in the ACIP catalog, S0195.*

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### *The Sixteen Eliminated by the Path of Habituation*

།སྒྲོམ་སྤང་བཅུ་དྲུག་ཏུ་འབྱེད་ཚུལ་ཡོད་དེ།

There is a way that we divide out the 16 mental afflictions eliminated by the path of habituation.

འདོད་པའི་སས་བསྐྱུས་པའི་འཇིག་ལྷ་མཐར་ལྷ་གཉིས་དང་འདོད་ཆགས་ཁོང་སྐྱོང་རྒྱལ་མ་རིག་པ་  
དྲུག་དང་།

This is true because there are, first of all, the following six mental afflictions which are encompassed within the desire realm: the two views (the view of the perishable assemblage and extreme views); ignorant desire; anger; pride; and ignorance.

དེའི་སྐྱོང་དུ་ཁམས་གོང་མའི་སས་བསྐྱུས་པའི་ཁོང་སྐྱོདོར་བས་ལྷ་ལྷ་སྟེ་བཅུ་བསྐྱུས་པས་བཅུ་དྲུག་ཏུ་  
འབྱེད་པའི་ཕྱིར།

Then, in addition to those we add the five mental afflictions that are encompassed within each of the two higher realms, making a total of ten. These five are the same as the previous six, with the exception of anger. Thus we come to a total of 16.