



Diamond Mountain University
Setting Fire to Your Meditation, Part IV

Homework Four: The Path of Seeing

1) Describe the heap of discrimination, and how it relates both to our continued suffering and our path to freedom:

2) Is the Heart Sutra speaking literally when it says "There is no body..."?

3) What is the main obstacle described in these readings to seeing emptiness directly, and why?

Setting Fire to Your Meditation, Part IV
Homework Four: The Path of Seeing

4) Describe the meaning of “fortitude towards the object” and “subsequent fortitude” during the path of seeing:

5) What is it that these eight stages of fortitude eliminate, and what is another name for them?

6) According to Master Kamalashila, how many mental afflictions does one eliminate through the act of seeing emptiness directly? How do they relate to the four truths?

7) How does Master Ngawang Pelden describe the minds of those who have yet seen the four truths?

Memorization assignment: Please memorize the line of the heart sutra, either in Tibetan or Sanskrit, starting from “And then, by the power of the Enlightened One...” Please be prepared to recite everything up through this line from memory by the next class.