



Diamond Mountain University

Depth Course 4: Setting Fire to Your Meditation

Homework Five: This Bodhisattva

1) Describe the difference between the two types of Wish:

2) When does one receive the right to be called a bodhisattva?

3) What is the most important thing to remember as you do your bodhisattva activities?

Depth Course Four: Setting Fire to Your Meditation
Homework Five: This Bodhisattva

4) Describe how you would go about fixing a foggy state of mind in your meditation, and how you would fix a restless state of mind:

5) What is the most dangerous obstacle to someone who is already meditating, and how do you fix it?

6) Name three different activities where you yourself usually experience the type of concentration imbued with intensity:

Depth Course Four: Setting Fire to Your Meditation
Homework Five: This Bodhisattva

7) Write the classical meaning of the word asana, and then describe four different asanas, and why they are important to know for meditation:

Hypertext assignment: On the back side of this page, write out either the Tibetan script of the verse which starts "I will cultivate the wish...", or the Sanskrit script of the verse which starts "Of all the initial steps...", and then write each English word underneath the corresponding Tibetan or Sanskrit word.