



Diamond Mountain University
Depth Course 4: Setting Fire to Your Meditation

Homework Two: Opening Our Hearts

1) Give a personal example of someone you have seen demonstrating great compassion, explaining why it was great compassion:

2) How is pain useful to us?

3) Give one example in our human experience of each of the six realms:

4) Describe the three types of suffering:

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5) Which path does great compassion open the door to?

6) List the ten pledges of self-control, and then explain how they fit into the six perfections:

Hypertext assignment: On the back side of this page, write out either the Tibetan or the Sanskrit script of the line in your reading which starts "And so now, look at all these beings...", and then write each English word underneath the corresponding Tibetan or Sanskrit word.