



Name: _____

Date: _____

Grade: _____

MEDITATIONS ON EMPTINESS

HOMEWORK FOR CLASS SIX

1. By way of review, state the three characteristics that are supposed to describe the “self” we believe in innately:
2. What sort of self or “me” do we learn to believe in?
3. When we think about it, we know that the self we ordinarily believe exists is not the body. But why isn’t it the mind, or specifically the consciousness?
4. The simple reasoning on why there cannot be a self like we think exists is to argue that if there were such a self it should be found within the body or mind or independent and apart from the body and mind. Since it can’t be found either within the body and mind or apart from them, it doesn’t exist. But there is an even more comprehensive proof, in seven parts. Recount it.

